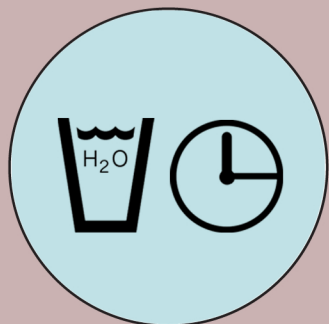


# Visitor Information: BATH HOUSE



When bathing in the hot pools please take breaks every 15 minutes and drink water regularly



Children under 16 years old must be accompanied by an adult at all times



Consider other bathers; please talk quietly



Smoking and alcohol are not permitted



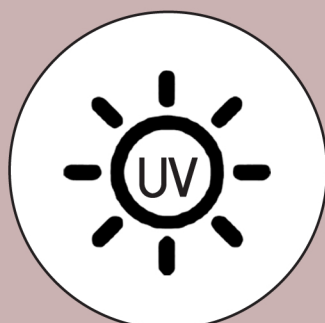
*If you are pregnant or have any of the following (or other) medical conditions please obtain medical advice before entering the pools:*



Please take photos which include friends only



Please do not talk on mobile phones; switch them to silent mode



Prevent damage from prolonged sun exposure; be Sun Smart



Glassware is not permitted in the bathing areas

1. Conditions involving high fevers
2. Extreme hypertension
3. Malignant tumours and cancerous conditions (internal)
4. Liver, kidney or circulation disorders
5. Conditions with the risk of haemorrhaging
6. Anaemic conditions
7. Congestive heart failure, recent stroke or heart attack

# Visitor Information: BATH HOUSE



Please remove all jewellery before entering the pools



Please only consume food in the cafe if it was purchased there



Please walk only on the paths provided



Please do not engage in ball games, run, jump or dive into pools



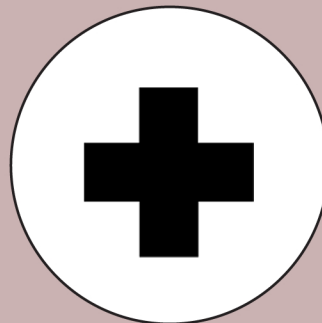
Any behaviour of a sexual nature will not be tolerated



Only adults 16+ years are allowed access to the gully after 10am



Please ensure that toddlers wear aqua nappies



Please do not bathe if you have broken skin wounds or skin ailments



Please sit on the side of the pool immediately if feeling dizzy



Peninsula Hot Springs takes all care possible but ultimately you have the responsibility to ensure your own safe experience