

Epic One Adventures Clothing Pack List

- 3-4 Tee shirts
- 1-2 Long sleeve shirts
- 1 Heavy cotton shirt or pullover/hoodie
- 3-4 Shorts
- 1-2 Long pants
- Swimsuit
- 1 pair of hiking socks per day
- Trail running shoes or hiking boots
- Windbreaker or light jacket
- Sunglasses
- Sunblock
- (2) 32oz water containers