

A black and white photograph of a person in silhouette standing on a hoverboard on a body of water. The person is wearing a life vest and shorts. The background shows a calm sea and distant mountains under a cloudy sky. The word "Hoverboard" is written in large white letters across the middle of the image.

Hoverboard

① Moving

Lay down on the board



Hold the edge of the board

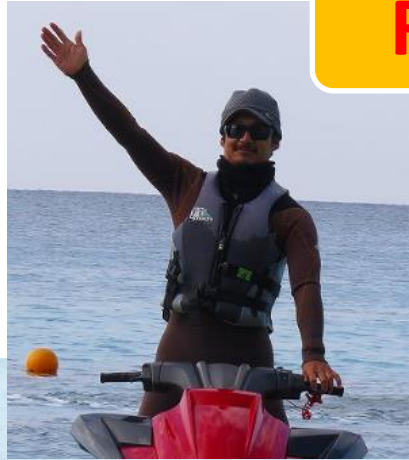


② How to **turn** right and left

Right

Left

Lean your body left or right



③ Prepare for standing

Put your **back foot** when instructor signs



④ Standing up



Keep your position **low**

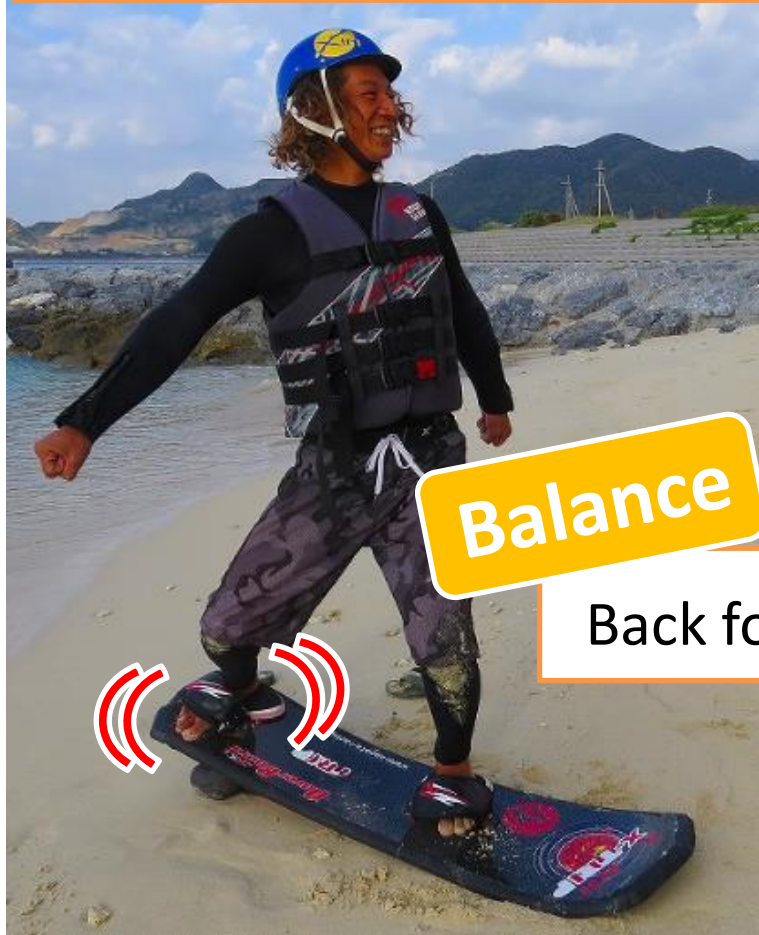


Put your **front foot** in
and stand up **slowly**

⑤ Balancing on the board

Use the **edges** of the board to change direction

Look **far away**



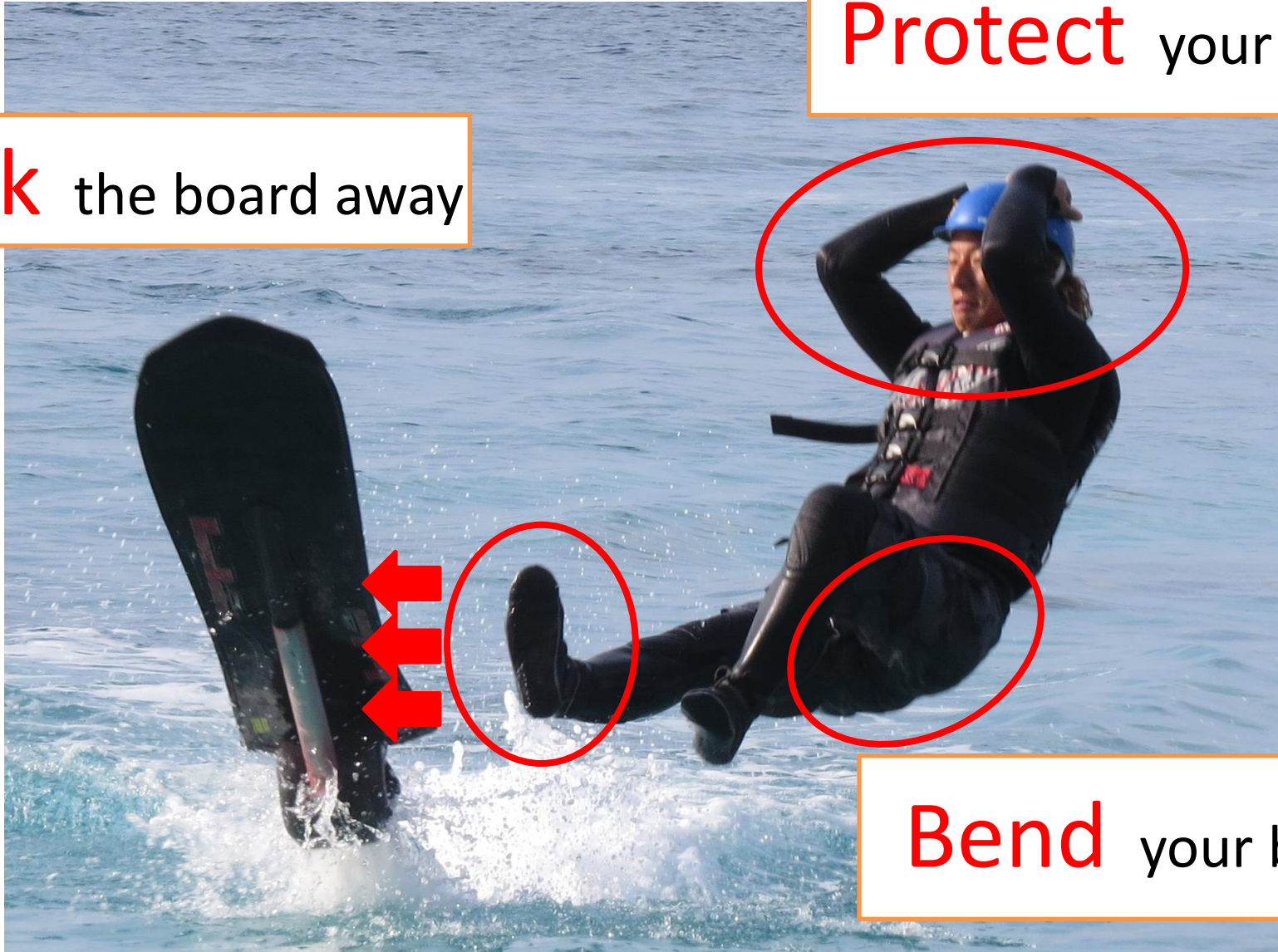
Back foot **7 : 3** Front foot



⑥ How to **fall** in the water

Protect your head

Kick the board away



Bend your back

⑦ Be careful when you fall

Falling board

Protect yourself
from the board and jet ski

Running jet ski



Please check the hand signals
on the back 